



Senior Living 101

A Panel Presentation

Unity Hill United Church of Christ

364 White Plains Rd., Trumbull, CT 06611

Sunday | May 31st | 1:00PM - 2:30PM

— A light lunch will be provided —
This event is free and open to the public.

This event will be useful for all community members: seniors who want to understand the landscape, adult children who have questions about options for their parents, clergy and other professionals who serve seniors.

We'll cover questions like:

- **WHAT** are the different living options?
- **HOW** does a continuum of care work?
- **WHEN** is it time to consider a move?
- **HOW** can family members introduce conversations about making a move?

We'll also dispel certain myths like, "Moving into a senior living setting means the beginning of the end" and, "senior homes are depressing places."

RSVP by May 25 to:

Tim Hare, Masonicare Director of Mission Engagement and Community Outreach via email at thare@masonicare.org or call 203.447.5415

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