

CAP- Community Awareness/ Congregation Assistance Program

When

Sunday October 27th and
Sunday November 3rd
5:00-8:00 pm

Where

Trumbull Congregational Church
3115 Reservoir Road, Trumbull

(Must attend both sessions, dinner included)

Contact Hour certificates and/or CEUs provided

FREE!



Do you know what to do if a person is in distress?

After CAP training you will:

- Be educated and gain awareness of substance use and mental health issues
- Receive resources available to support persons experiencing behavioral health issues
- Learn how to identify and respond to signs/symptoms of problematic substance use, problematic gambling behavior, and other mental health problems/crises such as risk of suicide

Trainers:

Ingrid Gillespie Executive Director, Communities 4 Action Inc.

Kate Venison LMFT, Private Practice

Open to the public.

Advanced registration required. Register online at: <http://www.123formbuilder.com/form-4847653/my-form-3>

For more info., contact Ingrid Gillespie at (203)588-0457 or igillespie@communities4action.org.

